

Social Skills Programs

Most children and teens with Autism, Asperger Syndrome and PDD experience social challenges. These can include difficulties establishing friendships and participating in two-way or interactive conversations.

Our Social Skills programs were developed to build teamwork, collaboration, awareness and social communication for children within groups. The children gain confidence and their own cognitive emotional connection for peer interaction.



Yoga Therapy

□ Yoga therapy has become widely accepted as an effective method of treatment for a variety of ailments, largely due to its unique ability to treat a person on all levels: mental, emotional and physical. The yoga therapist will design a personalized program for each individual she works with to address his/her specific concerns.



When a child enters the world, their parents hold them close and commit emotionally to protect them with all of their might. They do everything within their power to provide the best care and access to every opportunity. So, when parents are confronted with the fact that their child is not developing as expected, it can be traumatic. And, that's before they have a chance to digest this turn of events and the new path their family is headed down with all of its hazards. The professionals at Sensory Kids are here to provide guidance and assistance to families experiencing these challenges. Sensory Kids will tailor treatments to your child's specific needs. Your child will learn to relate, to express love for others, and begin to ascend that developmental ladder.



278 Monmouth St. Jersey City, NJ 07302

201-324-1700

www.sensorykidsllc.com

Hours of operation: Monday 9am-7pm

Saturday 9am-6pm

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AUTISM



Children with difficulties in relating and communicating may fall within a broad spectrum of disorders that includes language processing disorders; attention disorders; and sensory or regulatory disorders, and are often diagnosed as Autistic Spectrum Disorders (ASD). Autistic spectrum disorders are complex developmental disorders, associated with the well-known symptoms of social and communication difficulties; self-stimulatory and repetitive behaviors; and narrow or overly focused interests. These symptoms result from underlying challenges in a child's ability to interpret the world through his/or her senses, and to use his body and thoughts to respond to it. Most importantly, they have difficulty learning from others (parents). When these challenges are significant, they interfere with a child's ability to develop in many areas.

“I just want my child to be able to play with the other kids and do the things they are enjoying”



Speech Therapy

Our Speech/Language Therapist uses many methods to address the communication needs of a child. Our Speech Therapist may use innovative approaches, such as Prompt Therapy techniques, communication boards, sign language, Picture-Pecs™, oral motor exercises' and other techniques for the acquisition of communication. We will work with the children to alleviate their stress, when it is related to poor ability to communicate. Our Therapists will work on pronunciation skills as well as feeding difficulties.

Occupational Therapy

Occupational Therapy helps improve the following areas of development: fine and gross motor coordination, visual perception, adaptive daily life skills, social skills and sensory processing. An Occupational Therapist will assess the foundational neurological skills and will help develop this important groundwork. Sensory processing and regulation, feeding, self-care, social skills, strength, gross motor/bilateral coordination and fine motor/handwriting skills will all be addressed and a tailored plan will be put in place so parents and therapist a like can achieve maximum functionality for the child.

Play/Art Therapy

It is through art and play that we can best connect with children. Using these therapeutic media can decrease stress and anxiety as well as elicit true feelings from children. Children make 'sense' of their worlds through play and art. For those with emotional difficulties due to issues with self-esteem, traumatic events (such as divorce, exposure to domestic and/ or sexual violence abuse) or anxiety disorders, Play/ Art Therapy can help begin the process of healing guided by our experienced, certified Play/ Art therapist.